

Wellness Opportunities

Annual Health & Wellness Fair

Participate in our annual on-site Health & Wellness Fair offering:

- ⇒ Flu Shots
- ⇒ Blood Donation
- ⇒ Health Coaching
- ⇒ Biometric Screening
- ⇒ Cooking Demos
- ⇒ MOM (Mobile On-Site Mammography)
- ⇒ Health Risk Assessment
- ⇒ Wellness Incentives

Travel Reduction Program

Healthbot
Kiosk: Blood
Pressure &
Heart Rate
Monitoring



**Special Membership Discount for
Employees, Family & Friends**

Buckeye Marathon

Full 26K | Half 13K | 10K | 5K | Fun Run



**Walking Challenges with
Prizes & Incentives**

**Personal Retirement
Planning Sessions**