

Make a Splash!

Start building your swimming skills today!

The City of Buckeye offers a wide variety of swim lessons at different levels. It is important for students to be registered in the proper level. Please use the age and skill guidelines to help determine the appropriate level. Those enrolled in the incorrect level will be moved, space permitting.

NOTE: A minimum of 4 participants are required to conduct the class. Children not potty trained **MUST** wear SWIM DIAPERS under swimsuit. **REGULAR DIAPERS ARE NOT PERMITTED IN THE POOL.**

Registrations are accepted online at buckeyeaz.gov/rec (login required) or at the Dr. Saide Recreation Center, 1003 E. Eason Ave., Monday – Friday 9 a.m. – 7 p.m.

Residents - \$20/session **Non-residents** - \$30/session

The City of Buckeye is a proud provider of Starfish Swimming Lessons, a nationally recognized swim instruction curriculum! Starfish Swimming curriculum is designed for students' ages 6 - months to adult. Benchmarks are established at each stage in the program that combine both swimming and safety skills. Students participate in experiential learning activities that allow them to explore the water in a creative and comfortable environment. Correct swimming techniques are taught from the very beginning, providing an easy transition to swim team.

StarBabies™ (Adult and infant ages 6 – 18 months) and **StarTots™** (Adult and infant ages 18 – 36 months)

The purpose of these courses are to develop in very young children a high comfort level in the water while at the same time training the adults who accompany them in water safety. These courses do not teach children to become accomplished swimmers or to survive in the water; it does provide a confidence-building, fun, and loving experience. One adult must be in the water with each child. Swim diapers required.

Starfish Swim School® for Preschoolers (Ages 3 – 5) Designed to meet the needs of children ages 3 to 5, this course will develop a high comfort level in the water and a readiness to swim, and for those children who are developmentally ready, it will teach functional swim skills. This class approaches teaching swimming through creative, fun activities in the water. Students work toward developing the five competencies and progress toward achieving the benchmarks at their own pace in a small-group setting.

Starfish Swim School® for Youth (Ages 6 – 12) Students work toward development of the five core swimming competencies using age-appropriate learning activities. Learning is self-paced but challenging.

Starfish Swim School® for Teens and Adults (Teens ages 13+ and Adults ages 18+) This course is designed to improve comfort and skill in the water, regardless of past swimming experience. Students work toward developing the five basic core swimming competencies using principles of adult learning

Starfish Stroke School™ (This course is for students of all ages who have achieved the green Swim School benchmarks.) Students refine freestyle (White) and learn stroke technique for backstroke (Red), butterfly (Yellow), breaststroke (Blue), and develop endurance (Green).

Swim Team Conditioning This course is for students ages 9-18 yrs who have achieved the green Swim School benchmarks, have been on our Buckeye Bullfrogs swim team or swim on a club team.



Core Skill Achievement Stages (All Ages)				
White	Red	Yellow	Blue	Green
If the student...	If the student...	If the student...	If the student...	If the student...
Is afraid of water... Can't swim at all... Will not get face wet....	Can't swim without support but loves the water... Will get face wet... Will jump in...	Is not afraid... Can float on front and back... Can jump in and return to surface...	Can swim underwater or on the surface, and can get an occasional breath...	Can tread water for at least 15 seconds... Can swim freestyle with rotary (side) breathing...
SIGN UP FOR WHITE GROUP	SIGN UP FOR RED GROUP	SIGN UP FOR YELLOW GROUP	SIGN UP FOR BLUE GROUP	SIGN UP FOR GREEN GROUP